

# Envision Beyond Counseling L.L.C.

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## Consent for Treatment

You are about to take an important step toward progressing in your mental wellness. Therapy is a cooperative relationship between therapist and client where each person has designated responsibilities. Your therapist will provide their knowledge, expertise, and clinical skills. There are no guarantees to treatment but with your active involvement the likelihood of progress increases.

Therapist at Envision Beyond Counseling is a Licensed Clinical Social Worker who has had areas of supervised training in family, individual, and couples therapy. Your therapist will be treating you and will try to most accurately diagnose and collaborate on a treatment plan. This may include recommendations on interventions and possibly medications and referrals to a psychiatrist.

The relationship is protected and considered confidential except for certain situations: Therapist is mandated by law to report any suspicions of a child, elder, or dependent adult abuse (physical or sexual) or neglect. If the therapist believes anyone is a danger to self or others then the proper authorities and persons will be notified.

If there is a court order it is the responsibility of the therapist to provide the proper reports that are legally required.

There will also be instances where family member involvement will be suggested. If the therapist finds it beneficial to obtain information from an outside source, a release of information form will be requested.

The therapist will also request to work with a primary care physician to best serve the holistic health needs and coordination of care.

Good therapeutic practice and care require that client attend sessions regularly. Unless arranged otherwise, clients will be considered inactive if they are to miss two scheduled sessions.

The therapist checks messages during normal business hours. The messages will then be checked and followed-up on the next business day. If the client feels there is an imminent emergency they are asked to contact 911 or the Suicide Prevention Hotline at 1-800-273-8255 or Long Island's Crisis Response Hotline at 631-751-7500.

I am aware that if I attempt to contact the therapist through the phone, email, text, or other forms of communication through the internet, client information may not be completely secure. In the instance where information is breached, it is not the responsibility of the therapist.

Childcare is not provided by the therapist and therapist is not held responsible client's children or adolescents. If you believe it is beneficial for any children or family member

to be present for a session then the therapist must be notified before the session. In this case, the supervision and safety of the child is the responsibility of the client.

Sessions are conducted through several settings including over an internet platform, phone, or outside of an office. Given the nature of this therapeutic approach, physical activity may take place. The therapist cannot guarantee complete confidentiality. The therapist will also assure that safety is paramount and will take reasonable precautions to reduce any occurrence of harm or injury. The client accepts responsibility for any injuries or harm incurred during the session.

Sessions can also be provided via telecommunications or "teletherapy". This includes counseling by means of audio, video, and data communications. Therapist will take reasonable efforts to ensure confidentiality. However, it is the understanding that some technical errors may occur, including but not limited to, the interruption of information by unauthorized persons; electronic medical information being accessed by unauthorized persons.

With teletherapy it is understood that clients will provide the necessary equipment for teletherapy including a computer, internet access on a secure network, and proper communication equipment. If a client keeps any information on their computer it is their responsibility to keep this information secure.

The medium of teletherapy is different from face-to-face services and may not be as effective some. The client has the right to ask for changes to the treatment approach and to stop treatment at any moment without any explanation. The client understands that as a result of the halting of therapy so will related services be lost. The client also accepts responsibility for any consequences resulting from the stoppage of therapy.

The therapist reserves the right to cancel treatment including, but not limited to, breaking of the consent of treatment agreement, reevaluation of client needs, therapist's evaluation of needs and discretion that these needs are better served with another service provider. The client has the right to question any aspect of treatment and is asked to address this directly with the therapist. It is expected that the therapist will not engage in unethical practices in accordance with the *National Alliance of Social Workers Code of Ethics*. This includes maintaining professional boundaries and not engaging in dual, romantic, financial, or personal relationships.

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Your signature acknowledges that you understand the information and have received a copy of this consent. You permit Envision Beyond Counseling to provide therapeutic interventions and this contract is binding for all future sessions.

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Client: \_\_\_\_\_

Signature of Therapist: \_\_\_\_\_